

Sâdhana

yoga i pilates

	<i>DILLUNS</i>	<i>DIMARTS</i>	<i>DIMECRES</i>	<i>DIJOUS</i>	<i>DIVENDRES</i>
9:00 - 9:50	REFORMER PILATES		REFORMER PILATES		REFORMER PILATES
9:30 - 10:20h		REFORMER PILATES		REFORMER PILATES	
10:00 - 10:50	REFORMER PILATES				REFORMER PILATES
13:30 - 14:20					
15:45 - 16:35	REFORMER PILATES	REFORMER PILATES		REFORMER PILATES	
17:00 - 17:50		REFORMER PILATES			REFORMER PILATES
18:00 - 18:50	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES
19:00 - 19:50	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	
20:00 - 20:50	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	

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